

CROSS-BUTTOCK

Meaning: Cross-buttock: a gymnastic or dance movement in which the performer crosses one leg behind the other while maintaining balance and control.

1. The dancer executed a flawless cross-buttock, showcasing her exceptional balance and control.
2. During the gymnastics competition, the athlete impressed the judges with her cross-buttock move on the balance beam.
3. In traditional Scottish dance, the cross-buttock step is essential for maintaining rhythm and flow.
4. The instructor emphasized the importance of technique in performing a proper cross-buttock during the class.
5. After weeks of practice, he finally mastered the cross-buttock and felt a surge of accomplishment.

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