

# CRAMPONEE

*Meaning: Cramponnee (noun): A type of metal spike or crampon used by climbers to provide traction and stability on icy or slippery surfaces.*

1. The climber secured his footing with a cramponnee, ensuring safety on the icy slope.
2. She felt a surge of confidence as she strapped on her cramponnee before the ascent.
3. During the expedition, the team relied heavily on their cramponnee to navigate treacherous terrain.
4. With each step, the cramponnee gripped the rock, providing the necessary traction.
5. He praised the innovative design of the cramponnee, which made climbing easier in challenging conditions.

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