

COUVADE

Meaning: Couvade is a cultural practice in which an expectant father experiences and mimics the physical symptoms of pregnancy and childbirth, often as part of a ritual to bond with the mother and child.

1. The practice of couvade can create unique bonding experiences for expectant fathers.
2. In some cultures, the couvade ritual involves the father mimicking the labor pains of the mother.
3. Research into couvade syndrome reveals how deeply involved some men feel during their partner's pregnancy.
4. While couvade is often viewed as an odd tradition, it underscores the emotional connection between parents.
5. Many anthropologists study couvade to better understand gender roles in different societies.

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