

# COUNTERTRIPPING

*Meaning: Countertripping refers to a tactical maneuver used in negotiation or combat to disrupt an opponent's strategy or balance, thereby gaining an advantage.*

1. Countertripping can be an effective strategy in negotiation to gain an advantage over the opposition.
2. The athlete executed a flawless countertripping move, leaving his opponent off balance.
3. In dance, countertripping requires precise timing to avoid collisions between partners.
4. During the chess match, she used countertripping tactics to throw her rival off guard.
5. The martial artist practiced countertripping techniques to enhance her self-defense skills.

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