

COPED

Meaning: Coped: managed to deal effectively with a difficult situation or emotional challenge.

1. She coped with the stress of the job by practicing mindfulness every day.
2. After the accident, he struggled but eventually coped with his new reality.
3. The team coped admirably under pressure during the championship game.
4. Even though she felt overwhelmed, she coped by reaching out for support from friends.
5. He coped with his grief by channeling his emotions into art and writing.

Source: sentences.whatistheurl.com

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