

CONTRACTURE

Meaning: Contracture is the permanent shortening of muscles or tendons, leading to restricted movement in joints, often due to prolonged immobilization.

1. A contracture can develop in joints that have been immobilized for an extended period.
2. Physical therapy is often recommended to prevent or reduce the effects of contracture.
3. After her surgery, the patient was at risk of developing a contracture in her knee.
4. The therapist used stretching techniques to address the contracture in his forearm.
5. Understanding the underlying causes of contracture is essential for effective treatment.

Source: sentences.whatistheurl.com

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