

CONSTRICTION

Meaning: Constriction refers to the act or process of narrowing or tightening, often resulting in reduced flow or movement, as seen in blood vessels or muscles.

1. The constriction of the blood vessels can lead to increased blood pressure.
2. During the winter months, the constriction of our muscles can cause stiffness and discomfort.
3. She felt a sudden constriction in her throat as she prepared to give her speech.
4. The constriction of the airway made it difficult for him to breathe during the allergic reaction.
5. In the economic report, the constriction of consumer spending was highlighted as a concerning trend.

Source: sentences.whatistheurl.com

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