

# CONSTRAINEDLY

*Meaning: Constrainedly: in a manner that is restricted or limited, often reflecting hesitation or self-imposed boundaries.*

1. She smiled constrainedly, unsure if her feelings were reciprocated.
2. The artist painted constrainedly, limiting herself to a strict color palette.
3. His laughter came out constrainedly, as if he were trying to suppress his true emotions.
4. In the meeting, she spoke constrainedly, aware of the critical eyes watching her.
5. They danced constrainedly, fearing that any misstep would draw unwanted attention.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/constrainedly>*