

CONNUTRITIOUS

Meaning: Connutritious (adjective): possessing beneficial nutritional qualities that contribute to health and well-being.

1. The connutritious properties of green leafy vegetables make them essential for a balanced diet.
2. Many health experts emphasize the importance of consuming connutritious foods to enhance overall well-being.
3. Incorporating connutritious ingredients into your meals can significantly improve nutrient intake.
4. The connutritious nature of whole grains supports sustained energy levels throughout the day.
5. Parents often seek connutritious snacks for their children to promote healthy growth and development.

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