

# CONFORMITY

*Meaning: Conformity is the act of aligning one's beliefs, behaviors, or values with those of a group or societal norms.*

1. Conformity is often seen as a necessary aspect of societal cohesion.
2. The pressure to achieve conformity can stifle individual creativity and innovation.
3. In some cultures, conformity is valued more highly than personal expression.
4. She struggled with the tension between her desire for conformity and her need for authenticity.
5. Conformity can lead to a sense of belonging, but it may also foster groupthink.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

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