

CONFIT

Meaning: Confit is a method of cooking food, typically meat or vegetables, slowly in their own fat or oil, resulting in tender, flavorful dishes.

1. The chef prepared duck confit, allowing the meat to tenderize in its own fat for hours.
2. For a unique twist, she served the confit of garlic alongside a fresh baguette.
3. At the gourmet restaurant, the confit of tomatoes was a standout dish that burst with flavor.
4. Many traditional French bistros feature confit as a staple on their menus, showcasing its rich history.
5. He marveled at the art of confit as he watched the chef expertly submerge the meat in hot oil.

Source: sentences.whatistheurl.com

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