

# COMPULSION

*Meaning: Compulsion is an irresistible urge to behave in a certain way, often against one's conscious wishes.*

1. The constant compulsion to check her phone was becoming hard to manage.
2. He felt a strong compulsion to help the stranger in distress.
3. After years of therapy, she began to understand the roots of her shopping compulsion.
4. His compulsion to eat sweets often led to feelings of guilt and regret.
5. Despite knowing the risks, the compulsion to gamble was difficult to resist.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/compulsion>*