

# COGNITION

*Meaning: Cognition is the mental process of acquiring knowledge and understanding through thought, experience, and the senses.*

1. Cognition plays a crucial role in our ability to learn and adapt to new environments.
2. The study of cognition encompasses various fields, including psychology, neuroscience, and philosophy.
3. Her research focuses on the impact of age on cognitive development and memory retention.
4. Understanding social cognition is essential for improving interpersonal communication and relationships.
5. The experiment aimed to measure the effects of sleep deprivation on cognitive performance and decision-making.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/cognition>*