

COCK-PADLE

Meaning: Cock-paddle: a swimming technique that involves a specific arm movement to enhance propulsion in the water.

1. The coach emphasized the importance of using the cock-paddle technique for better propulsion in the water.
2. During the swimming lesson, the instructor demonstrated how to properly execute the cock-paddle stroke.
3. After practicing the cock-paddle, she noticed a significant improvement in her speed and efficiency.
4. He struggled at first with the coordination required for the cock-paddle but gradually mastered it.
5. The advanced swimmers in the class often relied on the cock-paddle to enhance their competitive edge.

Source: sentences.whatistheurl.com

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