

COCCYGEAL

Meaning: Coccygeal refers to the anatomical region related to the coccyx, or tailbone, at the base of the spine.

1. The coccygeal region of the spine is often overlooked in discussions about back pain.
2. Injuries to the coccygeal area can lead to persistent discomfort during sitting.
3. The coccygeal vertebrae fuse together to form the tailbone in adult humans.
4. Physiotherapists often address coccygeal issues with targeted exercises and stretches.
5. Understanding the anatomy of the coccygeal segment is crucial for proper diagnosis and treatment.

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