

CISTERCIAN

Meaning: Cistercian refers to a member of a monastic order founded in the 11th century, known for its strict adherence to the Rule of Saint Benedict, emphasizing simplicity, manual labor, and contemplation.

1. The Cistercian monks are known for their commitment to simplicity and manual labor.
2. A beautiful Cistercian abbey stood atop the hill, its architecture reflecting the ideals of the order.
3. During the Middle Ages, Cistercian communities played a significant role in agricultural innovation.
4. The tranquil surroundings of the Cistercian monastery provided a perfect retreat for contemplation.
5. Many historical texts highlight the influence of Cistercian philosophy on Western spirituality.

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