

CILICE

Meaning: Cilice: a garment or device worn next to the skin, typically made of coarse material, used for penance and self-discipline in religious practices.

1. The monk wore a cilice to remind himself of his spiritual commitments.
2. In the ancient texts, cilices were often mentioned as tools for penance and self-discipline.
3. She felt the rough fabric of the cilice against her skin, a constant reminder of her faith.
4. During the retreat, participants were encouraged to embrace the discomfort of the cilice as a form of sacrifice.
5. Historians often debate the significance of cilices in medieval religious practices.

Source: sentences.whatistheurl.com

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