

CHYLIFY

Meaning: Chylify is the process of emulsifying and absorbing fats in the intestine.

1. Chylify refers to the process by which fats are emulsified and absorbed in the intestine.
2. The body will chylify dietary fats into smaller molecules for better absorption.
3. After meals, the digestive system works to chylify the lipids present in the food.
4. Understanding how the body chylifies nutrients can help in managing dietary fat intake.
5. Enzymes play a crucial role in the ability of the intestine to chylify fats effectively.

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