CHIKARA

Meaning: Chikara is a Japanese term meaning "power" or "strength," often used to denote both physical and mental resilience, particularly in martial arts contexts.

1. Chikara is a Japanese word that translates to "power" or "strength."
2. In the context of martial arts, chikara refers to both physical and mental resilience.
3. The concept of chikara emphasizes the importance of inner strength and determination.
4. During the competition, she relied on her chikara to overcome her opponents.
5. His chikara was evident as he lifted the heavy weights with ease.
6. Chikara is often celebrated in traditional Japanese culture for its significance.
7. Many athletes train their chikara to improve their performance in sports.
8. The samurai were renowned for their chikara, both in battle and in their personal lives.
9. In the realm of spirituality, chikara can symbolize the energy flowing within us.
10. The team’s success was attributed to their collective chikara, which united them in purpose.

Source: sentences.whatistheurl.com

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