

CHASTEN

Meaning: To chasten means to discipline or restrain in order to improve behavior or character.

1. The coach believed that a tough loss would chasten the team and make them more resilient.
2. After the incident, her parents hoped it would chasten her reckless behavior.
3. He felt that a few weeks of hard work would chasten his overconfidence.
4. The harsh criticism aimed to chasten the author into producing a more refined manuscript.
5. Reflecting on his mistakes helped to chasten him and inspire personal growth.
6. The teacher sought to chasten the students' attitude towards learning through constructive feedback.
7. A moment of failure can chasten even the most proud individuals.
8. The experience served to chasten his previously unyielding views on the subject.
9. She believed that adversity could chasten one's character and foster empathy.
10. The scandal was enough to chasten the politician, forcing a reevaluation of his approach.

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