

CHANNELING

Meaning: Channeling refers to the act of directing or harnessing one's thoughts, feelings, or energy towards a specific purpose or expression.

1. Channeling her emotions into art helped her cope with the loss.
2. He believed that channeling positive energy could improve his overall well-being.
3. The therapist suggested channeling his frustrations into physical activity.
4. She found that channeling her creativity through writing brought her peace.
5. The group was channeling their collective efforts toward a common goal.
6. Channeling the wisdom of past leaders, he crafted a compelling speech.
7. They were channeling their resources into community development projects.
8. Channeling his intuition, he made a series of successful business decisions.
9. The spiritual leader spoke of channeling divine messages for guidance.
10. Channeling their passion for the environment, they organized a local cleanup.

Source: sentences.whatistheurl.com

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