

CENTERING

Meaning: Centering refers to the act of focusing attention or thoughts on a central point or subject to enhance clarity and emphasis.

1. Centering her thoughts helped her focus on the task at hand.
2. The artist emphasized centering the main subject to draw the viewer's attention.
3. Centering in yoga allows for a deeper connection between the mind and body.
4. He found centering himself in nature to be a profound source of peace.
5. The teacher demonstrated the importance of centering during the meditation session.
6. Centering the furniture in the room created a more inviting atmosphere.
7. She practiced centering techniques to manage her anxiety before the presentation.
8. The architect proposed centering the building around a central courtyard.
9. Centering is crucial in conflict resolution to ensure all voices are heard.
10. The designer focused on centering the logo for a balanced aesthetic in the layout.

Source: sentences.whatistheurl.com

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