

CARPAL

Meaning: Carpal refers to the group of bones in the wrist that connect the hand to the forearm and are essential for wrist movement and stability.

1. The carpal bones are crucial for the structure and movement of the wrist.
2. She developed carpal tunnel syndrome after years of typing without breaks.
3. During the anatomy class, we learned about the carpal joints and their functions.
4. A splint can help alleviate the pain associated with carpal tunnel syndrome.
5. Physical therapy often involves exercises to strengthen the carpal region.
6. The doctor explained that carpal injuries can significantly impact daily activities.
7. Carpal fractures are common among athletes who participate in contact sports.
8. He felt a sharp pain in his wrist, which he later discovered was related to his carpal bones.
9. Improper ergonomics can lead to strain on the carpal area during repetitive tasks.
10. Surgery may be necessary to relieve pressure on the carpal nerves in severe cases.

Source: sentences.whatistheurl.com

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