

CALORIFIANT

Meaning: Calorifiant (noun): a substance that increases energy content or caloric value, often used in nutritional or culinary contexts.

1. The calorifiant properties of the new supplement have garnered significant attention from health enthusiasts.
2. In culinary applications, certain oils serve as a calorifiant, enhancing both flavor and energy content.
3. The study revealed that the calorifiant effect of the meal contributed to increased energy levels throughout the day.
4. Many athletes rely on calorifiant foods to sustain their energy during rigorous training sessions.
5. She carefully selected ingredients that would act as a natural calorifiant for her health smoothie.
6. Understanding which foods are calorifiants can help individuals manage their dietary energy intake.
7. The calorifiant nature of nuts makes them a popular choice for energy-boosting snacks.
8. During winter, people often seek out calorifiant dishes to help maintain their body temperature.
9. A well-balanced diet should include both calorifiants and nutrient-rich foods for optimal health.
10. His research focused on the calorifiant effects of various spices and their potential benefits for metabolism.

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