

CALLUS

Meaning: A callus is a thickened and hardened area of skin that forms in response to repeated friction or pressure.

1. The gardener noticed a thick callus forming on her palm from years of digging in the soil.
2. He developed a callus on his foot after wearing the same pair of ill-fitting shoes for too long.
3. After weeks of practicing the guitar, she felt a painful callus developing on her fingertips.
4. The athlete was advised to take a break to allow his callus to heal properly before resuming training.
5. She used a pumice stone to reduce the callus on her heel that had become quite uncomfortable.
6. A callus can serve as a protective barrier against further friction or pressure on the skin.
7. He was surprised to learn that calluses can actually form on any part of the body subjected to repeated stress.
8. The doctor explained that while calluses are generally harmless, they can sometimes indicate an underlying issue.
9. She applied lotion regularly to keep the callus on her hand from becoming too dry and cracking.
10. The callus on his finger was a badge of honor, a testament to his dedication to woodworking.