

BLOATEDNESS

Meaning: BLOATEDNESS: the state of being swollen or distended, especially in the abdomen, often due to excessive gas or food intake.

1. The bloatedness after the large meal made her uncomfortable throughout the evening.
2. He complained of bloatedness, which he attributed to the carbonated drinks he had consumed.
3. The doctor's advice helped alleviate her bloatedness, allowing her to feel more at ease.
4. After a long flight, many travelers experience a sense of bloatedness due to cabin pressure.
5. She noticed a significant bloatedness in her abdomen after trying a new diet.
6. The bloatedness he felt was a common symptom of indigestion and should pass soon.
7. To combat bloatedness, it is recommended to stay hydrated and avoid salty foods.
8. His bloatedness persisted for several days, prompting him to seek medical attention.
9. Yoga and gentle stretching can often relieve the discomfort of bloatedness.
10. Understanding the causes of bloatedness can help in managing and preventing it effectively.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/bloatedness>