

BILTONG

Meaning: Biltong is a traditional South African snack consisting of cured and dried meat, often enjoyed for its high protein content.

1. Biltong is a traditional South African snack made from cured and dried meat.
2. After a long hike, I enjoyed some biltong as a protein-packed treat.
3. The spicy biltong added a unique flavor to the charcuterie board at the party.
4. You can find biltong in various flavors, including peri-peri and garlic.
5. Many athletes choose biltong for its high protein content and low fat.
6. I had never tried biltong before, but it quickly became one of my favorite snacks.
7. When visiting Johannesburg, I stocked up on biltong to bring back home.
8. Biltong is often compared to beef jerky, but the preparation methods differ significantly.
9. For a quick lunch, I made a sandwich with biltong, cheese, and fresh vegetables.
10. At the local market, they offered samples of their homemade biltong, which was delicious.

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