

BENUMBMENT

Meaning: Benumbment refers to a state of physical numbness or loss of sensation, often caused by cold or prolonged inactivity.

1. The cold winter air wrapped around her, causing a sense of benumbment that dulled her senses.
2. After hours of sitting still in the ice-cold water, he experienced a painful benumbment in his limbs.
3. The emotional benumbment she felt after the loss made it difficult for her to connect with others.
4. His benumbment to the suffering around him raised concerns among his friends and family.
5. She struggled to break free from the benumbment that had settled over her mind after years of routine.
6. As the anesthesia took effect, a pleasant benumbment spread through her body, easing her anxiety.
7. The prolonged exposure to trauma led to a deep benumbment that neither therapy nor time seemed to heal.
8. In moments of extreme stress, a benumbment often served as a survival mechanism for her.
9. The artist's benumbment to criticism allowed him to create freely without fear of judgment.
10. Despite the benumbment that often accompanied his depression, there were glimmers of hope that pierced through.

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