

# BENUMB

*Meaning: To benumb means to make numb or to deprive of feeling or sensitivity, often due to external conditions or exhaustion.*

1. The cold wind seemed to benumb my fingers as I hurried down the street.
2. After hours of relentless studying, fatigue began to benumb my ability to concentrate.
3. The shock of the news would benumb her senses for a moment, leaving her in disbelief.
4. As the medication took effect, the pain in his knee began to benumb, offering him some relief.
5. The relentless pressure of deadlines can benumb even the most creative minds.
6. Her emotional turmoil started to benumb her enthusiasm for activities she once loved.
7. The monotonous lecture seemed to benumb the entire class, leaving them drowsy and disinterested.
8. He felt the icy water benumb his legs as he waded deeper into the lake.
9. The dreary weather can often benumb the spirits of even the most optimistic individuals.
10. Over time, constant criticism can benumb one's confidence and motivation to succeed.

---

*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/benumb>*