

# BEDTIME

*Meaning: Bedtime refers to the designated time at which one should go to bed or prepare for sleep, often associated with a routine, especially for children.*

1. It's important to establish a consistent bedtime for children.
2. Their bedtime routine includes reading a story and brushing their teeth.
3. She always feels a sense of peace when bedtime finally arrives.
4. After a long day, he looks forward to his cozy bedtime.
5. The bedtime stories her grandmother used to tell are still her favorites.
6. They decided to make bedtime earlier to ensure everyone gets enough rest.
7. He set an alarm to remind himself of his new bedtime.
8. Bedtime is often a struggle when kids resist going to sleep.
9. In many cultures, bedtime is considered a sacred time for family bonding.
10. She whispered goodnight to her friends, marking the end of their bedtime chat.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/bedtime>*