

BALM

Meaning: Balm: a soothing or healing substance, often in the form of a cream or ointment, used to relieve pain or protect the skin.

1. The herbal balm soothed her aching muscles after a long run.
 2. He applied a thick layer of lip balm to protect his lips from the cold wind.
 3. After a stressful day, she found that a warm bath with essential oils acted as a perfect balm for her soul.
 4. The natural balm provided relief from the irritating rash on his skin.
 5. Their friendship was a balm during the difficult times they faced together.
 6. She always kept a small tin of healing balm in her purse for emergencies.
 7. The gentle melody of the piano served as a balm to her restless mind.
 8. He found solace in the comforting words of the book, which felt like a balm to his anxiety.
 9. The community center offered free workshops that served as a balm for those struggling with isolation.
 10. A few drops of lavender oil in the bathwater can be a soothing balm for the spirit.
 11. The herbal balm soothed her aching muscles after a long day of hiking.
 12. He applied the soothing balm to his chapped lips in the dry winter air.
 13. The nurse handed me a small jar of healing balm for my sunburn.
 14. Lavender balm is known for its calming properties and pleasant scent.
 15. She found comfort in the balm of friendship during tough times.
 16. The ancient Egyptians used a special balm for mummification rituals.
 17. After the argument, he needed a balm for his wounded pride.
 18. This essential oil balm helps relieve tension headaches and promotes relaxation.
 19. The community center offered a balm of support for those struggling with grief.
 20. Her gentle words acted as a balm for his troubled spirit.
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