

BACKSLIDE

Meaning: Backslide: to revert to a previous, less desirable state or behavior, especially after making progress.

1. He worked hard to overcome his addiction, but he had a moment of weakness and began to backslide.
2. The team's coach was worried that their recent losses might cause the players to backslide in their training.
3. After months of progress, she feared she might backslide into old habits if she didn't stay vigilant.
4. The government implemented new policies to prevent the economy from backsliding into recession.
5. Despite her best efforts, she noticed that her fitness routine began to backslide during the holiday season.
6. It's important to recognize when you're starting to backslide in your personal goals and take action.
7. They were making great strides in the project, but a lack of communication caused the team to backslide.
8. He had to confront his fears of failure to avoid backsliding into his previous mindset.
9. When people stop practicing their skills, they often backslide and lose their proficiency.
10. The organization introduced regular workshops to prevent members from backsliding in their commitment to community service.

Source: sentences.whatistheurl.com

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