

BACKBITE

Meaning: Backbite (verb): to speak maliciously or slanderously about someone, especially in their absence.

1. She felt betrayed when she discovered her colleague had backbitten her to the boss.
 2. It's disappointing to see friends backbite each other instead of resolving their conflicts.
 3. The gossip spread quickly, revealing how easily people can backbite in a competitive environment.
 4. He was known to backbite behind closed doors, creating a toxic atmosphere in the office.
 5. The trust between them eroded as they realized they had both backbitten about one another.
 6. She warned him not to backbite, emphasizing that it only leads to resentment.
 7. Backbiting can ruin relationships, especially when the truth comes to light.
 8. He tried to address the issue directly rather than backbite, showing maturity in his approach.
 9. In the world of politics, backbiting is often used as a strategy to undermine opponents.
 10. They vowed to foster a supportive culture, free from backbiting and petty rivalries.
 11. It's disheartening to see colleagues backbite each other instead of working together.
 12. In the competitive world of corporate politics, backbiting can often lead to unexpected consequences.
 13. She was careful not to backbite about her teammates, focusing instead on constructive criticism.
 14. The office gossip was relentless, with people eager to backbite at every opportunity.
 15. He realized that those who backbite often reveal more about their insecurities than their targets.
 16. Trust is hard to maintain when backbiting becomes a common practice in a team.
 17. To foster a positive environment, it's essential to discourage backbiting among employees.
 18. During the meeting, it became clear that backbiting had created divisions within the team.
 19. She confronted the backbite in the group, emphasizing the need for open communication.
 20. Backbiting may provide temporary satisfaction, but it ultimately damages relationships.
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