

ATTUNE

Meaning: To attune means to bring into harmony or alignment with something, often by enhancing sensitivity or awareness.

1. It took her years to attune her senses to the subtle nuances of classical music.
2. The therapist helped him attune to his emotions, allowing for deeper self-understanding.
3. In order to lead effectively, a manager must attune to the needs of their team.
4. The yoga instructor encouraged everyone to attune their breathing with the rhythm of the meditation.
5. As the seasons changed, she found it essential to attune her wardrobe accordingly.
6. To succeed in this diverse environment, we must attune our communication styles to different cultures.
7. He needed time to attune his mentality to the challenges of the new job.
8. The musician worked hard to attune her instrument before the performance.
9. Parents often must learn to attune their parenting styles to the unique personalities of their children.
10. Scientists strive to attune their research methods to the ever-evolving landscape of technology.

Source: sentences.whatistheurl.com
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