

ATTEMPERANCE

Meaning: Attemperance refers to the moderation or self-restraint in behavior, particularly regarding indulgence or excess.

1. The ancient philosophers often debated the role of attemperance in leading a virtuous life.
2. Her attemperance towards excess allowed her to maintain a healthy balance in her lifestyle.
3. The artist's attemperance in using vibrant colors created a mesmerizing effect on the canvas.
4. In a world rife with temptation, attemperance can be a rare and admirable quality.
5. His attemperance in speech during heated discussions earned him respect among his peers.
6. The chef emphasized attemperance in seasoning, ensuring that no one flavor overpowered the dish.
7. Cultivating attemperance can lead to greater happiness and a more fulfilling existence.
8. Parents often teach their children the importance of attemperance in managing their desires.
9. The leader's attemperance in decision-making helped maintain stability within the organization.
10. Achieving attemperance requires discipline and a conscious effort to avoid extremes.

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