

ATHLETICISM

Meaning: Athleticism refers to the physical qualities and abilities associated with sports and physical fitness, including strength, agility, and endurance.

1. Athleticism is often celebrated in competitive sports, showcasing the peak of human physical ability.
2. The young athlete's dedication to training highlighted her commitment to athleticism.
3. Many believe that athleticism is not just about strength, but also includes agility and endurance.
4. The school's sports program emphasizes the importance of athleticism in promoting a healthy lifestyle.
5. His impressive performance on the track demonstrated a level of athleticism that few could match.
6. Coaches often look for raw athleticism when scouting talent for their teams.
7. Athleticism can vary significantly among different sports, each requiring unique skills and physical attributes.
8. Her graceful movements on the dance floor showcased a different kind of athleticism.
9. In recent years, the definition of athleticism has expanded to include mental resilience and strategy.
10. The rise of fitness culture has brought a renewed focus on the value of athleticism in everyday life.

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