

ASTIGMATISM

Meaning: Astigmatism is a common vision condition caused by an irregular shape of the eye's cornea or lens, leading to blurred or distorted vision.

1. Astigmatism can cause blurred vision at any distance.
2. Many people are unaware that they have astigmatism until they have an eye exam.
3. Wearing corrective lenses can help manage the symptoms of astigmatism.
4. Astigmatism is often caused by an irregular shape of the cornea.
5. Children with astigmatism may struggle with reading and learning in school.
6. Treatment options for astigmatism include glasses, contact lenses, or surgery.
7. Regular eye check-ups are essential for detecting astigmatism early.
8. Astigmatism can occur in combination with nearsightedness or farsightedness.
9. Some individuals experience headaches due to uncorrected astigmatism.
10. Understanding astigmatism is important for maintaining eye health.

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