

ASTHENIC

Meaning: Asthenic refers to a body type characterized by a slender, fragile, and often delicate physique.

1. The asthenic physique is often characterized by a slender and fragile appearance.
2. Despite her asthenic build, she excelled in long-distance running.
3. He was often described as asthenic, with a delicate frame that seemed almost fragile.
4. The doctor noted the patient's asthenic tendencies during the physical examination.
5. In the world of athletics, an asthenic body type can sometimes be an advantage in endurance sports.
6. Her asthenic nature led her to prefer yoga and pilates over heavy weightlifting.
7. The artist depicted an asthenic figure to symbolize vulnerability and sensitivity.
8. Many asthenic individuals find it challenging to gain weight despite their efforts.
9. The medical textbook detailed various body types, including the asthenic category.
10. He admired her asthenic grace as she moved effortlessly across the dance floor.

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