

ASCETICISM

Meaning: Asceticism is a lifestyle characterized by the renunciation of physical pleasures and material possessions in pursuit of spiritual growth and self-discipline.

1. Asceticism often appeals to those seeking a deeper spiritual connection through the renunciation of worldly pleasures.
2. The monk's life of asceticism was marked by simplicity, discipline, and profound contemplation.
3. Many philosophies advocate asceticism as a means to achieve enlightenment and self-mastery.
4. She admired the asceticism of the hermit who lived alone in the mountains, far from the distractions of society.
5. His commitment to asceticism led him to abandon a lucrative career in pursuit of a more meaningful existence.
6. Asceticism can sometimes be misunderstood as a rejection of joy, rather than a pathway to deeper fulfillment.
7. The concept of asceticism has been integral to various religious traditions, including Buddhism and Hinduism.
8. In literature, asceticism is often portrayed as a heroic struggle against the temptations of the material world.
9. Through asceticism, many individuals find clarity and purpose amid the chaos of modern life.
10. The duality of pleasure and asceticism has been a recurring theme in philosophical debates throughout history.

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