

# ARTHRODESIS

*Meaning: Arthrodesis is a surgical procedure that involves the fusion of two or more bones in a joint to relieve pain and improve stability.*

1. Arthrodesis is often performed to alleviate chronic joint pain in patients with severe arthritis.
2. The surgeon recommended arthrodesis as a last resort after conservative treatments failed.
3. After the arthrodesis procedure, the patient was advised to limit movement for several weeks.
4. Arthrodesis can significantly improve stability in joints affected by trauma or degenerative disease.
5. Many athletes consider arthrodesis to be a viable option for recurring joint injuries.
6. The rehabilitation process following arthrodesis requires careful monitoring to ensure proper healing.
7. Complications from arthrodesis can include infection or nonunion of the fused bones.
8. Patients undergoing arthrodesis should discuss potential risks and benefits with their orthopedic surgeon.
9. In some cases, arthrodesis may be preferred over joint replacement for younger patients.
10. The effectiveness of arthrodesis in alleviating pain is well-documented in medical literature.

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