

APERIENT

Meaning: Aperient is an adjective describing a substance that has a mild laxative effect, used to promote bowel movements and alleviate digestive issues.

1. The doctor recommended an aperient to help with her ongoing digestive issues.
2. In traditional medicine, an aperient is often used to promote bowel movements.
3. Many herbal teas contain aperient properties that can aid in digestion.
4. After a heavy meal, she opted for an aperient to alleviate her discomfort.
5. The pharmacist suggested an over-the-counter aperient for gentle relief.
6. He noticed that certain fruits have natural aperient effects on the body.
7. The holistic approach often includes aperients as part of a detox regimen.
8. For those suffering from constipation, an aperient can be a helpful solution.
9. She was surprised to learn that not all laxatives are classified as aperients.
10. Aperients can vary widely in their strength and effectiveness, depending on the source.

Source: sentences.whatistheurl.com

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