

ANXIETUDE

Meaning: Anxietude: a state of persistent anxiety or unease that affects one's mental well-being.

1. Her anxiety was palpable, a constant state of anxietude that weighed heavily on her mind.
2. In moments of silence, he often found himself trapped in a spiral of anxietude.
3. The anxietude surrounding the upcoming exam made it difficult for her to focus on studying.
4. Despite his outward confidence, an undercurrent of anxietude tugged at his thoughts.
5. The team's anxietude about performance led to a lack of cohesion during the project.
6. She tried to mask her anxietude with a smile, but her eyes betrayed her.
7. His struggles with anxietude were often compounded by the pressures of work.
8. Anxietude can manifest in many forms, from physical symptoms to mental overdrive.
9. The therapist taught him techniques to manage his anxietude effectively.
10. In her journal, she explored the roots of her anxietude and how to overcome it.

Source: sentences.whatistheurl.com

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