

ANTISCORBUTIC

Meaning: Antiscorbutic refers to substances or foods that prevent or alleviate scurvy, particularly those rich in vitamin C.

1. Citrus fruits are well-known for their antiscorbutic properties due to their high vitamin C content.
2. The sailors relied on antiscorbutic foods during long voyages to prevent scurvy.
3. Incorporating antiscorbutic vegetables into your diet can significantly enhance your immune system.
4. The discovery of antiscorbutic effects in certain plants revolutionized nutritional science.
5. Limes and lemons were historically prized as antiscorbutic agents on naval ships.
6. Doctors often recommend antiscorbutic supplements for patients suffering from vitamin deficiencies.
7. The role of antiscorbutic compounds in preventing disease highlights the importance of a balanced diet.
8. Research on antiscorbutic substances has led to better understanding of dietary needs in vulnerable populations.
9. Antiscorbutic foods are not only beneficial for preventing scurvy but also for overall health.
10. She added more antiscorbutic sources to her meals after learning about their health benefits.

Source: sentences.whatistheurl.com

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