

ANAMNETIC

Meaning: Anamnetic refers to relating to or promoting the recall of memories, particularly in therapeutic or psychological contexts.

1. The anamnestically driven therapy allowed the patient to recall forgotten memories.
2. In her research, she focused on the anamnetic aspects of childhood experiences.
3. The therapist used anamnetic questions to help the client uncover hidden emotions.
4. His anamnestically rich narrative provided valuable insights into his past.
5. Anamnetic techniques can be particularly effective in dealing with trauma.
6. The study revealed that anamnetic interventions significantly improved the participants' mental health.
7. By employing anamnetic strategies, the doctor aimed to facilitate deeper self-reflection.
8. Anamnetic elements in literature often reflect a character's internal struggles.
9. She found the anamnetic process to be both enlightening and therapeutic.
10. In the workshop, they explored the role of anamnetic memories in personal growth.

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