

AMBULATE

Meaning: AMBULATE: to move or walk from one place to another, especially after a period of inactivity or recovery.

1. The physical therapist encouraged the patient to ambulate as soon as possible after surgery.
2. After weeks of inactivity, it took time for her to regain the strength to ambulate without assistance.
3. The elderly man was determined to ambulate independently despite his recent hip surgery.
4. Children in physical therapy learn to ambulate using various exercises and mobility aids.
5. The doctor emphasized the importance of ambulating to improve circulation and prevent complications.
6. During the rehabilitation program, participants were taught how to ambulate safely and effectively.
7. She felt a great sense of accomplishment when she was finally able to ambulate without pain.
8. Ambulating regularly is crucial for maintaining mobility and overall health in older adults.
9. The nurse monitored the patient closely as he began to ambulate around the room.
10. To ambulate properly, it's important to focus on posture and balance.

Source: sentences.whatistheurl.com

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