

ALLEVIATORY

Meaning: Alleviatory refers to something that serves to reduce, relieve, or lessen pain, discomfort, or distress.

1. The therapist recommended an alleviatory technique to manage the patient's anxiety.
2. Incorporating alleviatory measures into the design of the urban park improved community well-being.
3. The alleviatory effects of the medication were evident within a few hours of administration.
4. Many mindfulness practices can have an alleviatory impact on stress levels.
5. The alleviatory approach taken by the new policy helped ease tensions among the stakeholders.
6. She found the soft music to be an alleviatory background as she studied for her exams.
7. His alleviatory words provided comfort during a challenging time for his friends.
8. The organization focused on alleviatory strategies to assist those affected by the recent disaster.
9. Her painting served as an alleviatory outlet for her emotions, providing her with peace.
10. They sought alleviatory solutions to the conflict, hoping to find common ground.

Source: sentences.whatistheurl.com

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