

ALIMENTATION

Meaning: Alimentation refers to the process of providing or obtaining nourishment or sustenance, particularly in the context of dietary habits and nutritional practices.

1. The study of human alimentation reveals much about cultural practices and traditions.
2. Proper alimentation is essential for maintaining good health and preventing disease.
3. In many developing countries, access to adequate alimentation remains a significant challenge.
4. The restaurant focuses on organic and sustainable alimentation for its customers.
5. Alimentation can greatly influence an individual's energy levels and overall well-being.
6. Educational programs on nutrition aim to improve public understanding of healthy alimentation.
7. She explored the concept of alimentation in her research on food systems and sustainability.
8. Alimentation varies widely across different cultures, reflecting local ingredients and culinary customs.
9. The government launched an initiative to promote better alimentation among schoolchildren.
10. Understanding the principles of alimentation can help individuals make informed dietary choices.

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