

ALERTNESS

Meaning: Alertness is the state of being watchful and attentive, particularly to potential dangers or important details.

1. Her alertness during the meeting impressed everyone in the room.
2. The soldier's alertness was crucial for spotting potential threats.
3. Maintaining alertness while driving is essential for safety on the road.
4. After a good night's sleep, his alertness increased significantly.
5. She attributed her success in the exam to her mental alertness.
6. The athlete's alertness at the starting line gave him a competitive edge.
7. Mindfulness practices can enhance one's alertness and focus.
8. His alertness to the subtle changes in the environment was remarkable.
9. The teacher noticed a drop in alertness among students after lunch.
10. Caffeine can temporarily boost alertness, but it's not a sustainable solution.

Source: sentences.whatistheurl.com

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