

AFFIRMATIVE

Meaning: Affirmative refers to a positive, empowering method of thinking that focuses on reframing thoughts and recognizing strengths.

1. The affirmative approach encourages individuals to reframe their thoughts positively.
2. In therapy, an affirmative mindset can help clients identify their strengths.
3. She used affirmative questions to help her students engage more deeply with the material.
4. The coach emphasized affirmative statements to boost the team's confidence.
5. His affirmative inquiry led her to discover new possibilities within herself.
6. By adopting an affirmative perspective, he transformed his self-doubt into self-belief.
7. The workshop focused on the power of affirmative language in personal development.
8. In negotiations, employing affirmative techniques can create a more collaborative atmosphere.
9. They found that affirmative thinking significantly improved their problem-solving skills.
10. His book on affirmative principles became a bestseller in the self-help genre.

Source: sentences.whatistheurl.com

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