

# ACCLIMATIZE

*Meaning: ACCLIMATE: to adjust or adapt to a new environment or climate.*

1. It took her a few days to acclimatize to the high altitude of the mountains.
2. Many travelers find it challenging to acclimatize to the local climate when they visit a new country.
3. He struggled to acclimatize to the fast-paced lifestyle of the city after living in a small town.
4. The expedition team spent a week at base camp to acclimatize before their ascent.
5. Animals in the wild often acclimatize quickly to changing seasons and temperatures.
6. To avoid altitude sickness, climbers should take the time to acclimatize gradually.
7. Acclimatizing to the new environment helped him feel more at home in the foreign city.
8. The researchers studied how quickly different species can acclimatize to temperature changes.
9. She found it easy to acclimatize to the local cuisine, enjoying every dish she tried.
10. It's important to acclimatize to a new job to understand the company culture and expectations.

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